"Connect," the title of this report, was proposed and voted for by the members of the Children's Community Building Clubs.

Building Better Communities Through the Partlepatton of Children!





Speaking Out From Tohoku ~Building Better Communities Through the Participation of Children!~

by the Children's Community Building Clubs



## Save the Children

Save the Children, an international non-governmental organization (INGO), works in 120 countries to realize children's rights to survive, develop, be protected and participate. It provides emergency relief assistance to disaster-affected areas as well as support in the areas of education, nutrition improvement and public health.

In 2003, Save the Children Japan launched a programme in Japan called, "Speaking Out: Let's Talk Together," to enable children to take part in decisions that concerned them. It is based upon the idea that when it comes to children, children are often the ones who know best. In 2010, the programme, "Speaking Out Against Poverty: Keeping Hopes and Dreams from Being Stolen," was initiated to help tackle the issue of poverty in Japan, together with local, prefectural and national authorities. Soon after the March 11th earthquake and tsunami in 2011, Save the Children Japan launched its recovery assistance programme in lwate, Fukushima, and Miyagi Prefectures. The "Speaking Out From Tohoku" (SOFT) programme was aimed at building better communities through the ideas and participation of children, and has been part of Save the Children's recovery programme ever since.



## Speaking Out From Tohoku (SOFT)

SOFT stands for Speaking Out From Tohoku, and is a programme that literally means to convey messages from the people of Tohoku. The SOFT programme aims to build better communities by creating opportunities for children to speak out their thoughts and opinions, and to participate in the processes of reconstruction. Save the Children Japan started this programme in May 2011, building on from its experience in promoting child participation in its previous "Speaking Out" programmes.

Save the Children Japan provides opportunities for children, as members of their communities, to speak out and actively participate in the recovery plans and building processes being formulated by all levels of government. Examples of SOFT programmes are the Children's Community Building Clubs, Hear Our Voice ~ Children's Voices, and the Tohoku Children's Community Building Summits.

## Children's Community Building Club

A survey conducted by Save the Children Japan in May and June of 2011 revealed that a large number of children in lwate and Miyagi Prefectures wanted to consult with other children and do something for their communities.

In response to the findings of the survey, Save the Children Japan created the Children's Community Building Club project. The members of the clubs, from 5th graders to high school students, regularly meet together. They work together on the recovery of their communities by sharing their opinions with other community members and by talking to relevant authorities and experts. As of November 2012, Children's Community Building Clubs have been established in Yamada Town and Rikuzentakata City in Iwate Prefecture, and Ishinomaki City in Miyagi Prefecture.



# \* In the following population information, children refer to those 18 and under.

# •Yamada Town, Iwate Prefecture Club name: Keppare Yamada Toekomst (KYT) Concept: Future and Tradition ~ A Community That Overflows With Love

"Keppare" means "Go for it!" in Japanese and "Toekomst" means "future" in Dutch. Yamada has had a long and close relationship with The Netherlands. We hope that we, the people of Yamada, will do our best in moving towards the future.

Town population: 17,013 people (incl. 2,412 children) as of October 2013 Yamada is well known for its ousters, scallops, and Matsutake and Shiitake mushrooms. The town also has a famous event called the Yamada Festival. Club members feel the town is a community that overflows with love.

•Rikuzentakata City, Iwate Prefecture Club name: Kizuna ~ save the hope TAKATA Concept: A community where people do not just live,

#### but lead full and rich lives

People in Rikuzentakata value a sense of community. The club name "Kizuna" means "human bond" in Japanese. We want to cherish and further the bonds between people through our activities. City population: 20,584 people (incl. 2,747 children) as of October 2013

There is a unique summer star festival in Rikuzentakata. The festival requires a lot of time and energy to prepare all the decorations and music. However, it is all worth it as the festival is such a fun event and attracts many people. Rikuzentakata also offers tasty and nutritious seafood and mountain vegetables.

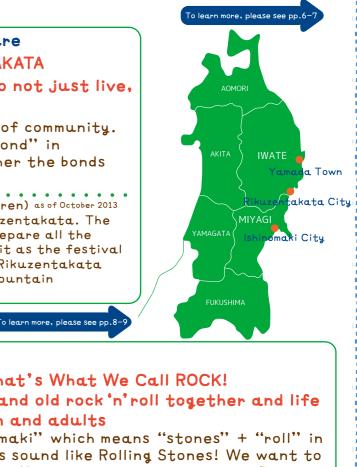
### •Ishinomaki City, Miyagi Prefecture

Club name: THE Rolling Stones: Now That's What We Call ROCK! Concept: A community where the new and old rock 'n'roll together and life is pleasant for both children and adults

Ishinomaki can be broken into "ishi" + "maki" which means "stones" + "roll" in Japanese. So the town's name really does sound like Rolling Stones! We want to revitalize our community by our activities. Using all our efforts, like in Rock 'n' Roll music, we want to make people smile and cheer up! City population: 151,068 people (incl. 22,490 children) as of September 2013 Ishinomaki is rich in nature and is surrounded by the sea, mountains and rivers. People here value their relationships with each other. "Ishi" also means "stone" and "maki" means "roll" in Japanese, so it's a city of Rock 'n' Roll.

## Hear Our Voice ~Children's Voices~

Save the Children Japan has been collecting children's voices through interviews and surveys. We then help make what children think about the recovery from the disaster, the community building processes and disaster risk reduction heard within the larger society. Save the Children Japan supports children's activities so as to advocate policies to local, prefectural and national authorities that reflect children's opinions.



o learn more, please see pp.10





~A Community That Overflows With Love~ and Tradition Future

s ideas and their Compact City Plan, m children to complete the DCCP. We disaster-affected areas around Rikuchu Yamada Station. Therefore, in and people related to the Compact 2013, we worked hard on creating the Dream Compact City Plan (DCCP). results of interviews with local people in 2011. The Mayor said that he Commerce in Yamada based on the and community building processes have since presented the plan to the Mayor and to people in the a plan for revitalizing Yamada by developing a city center in the We asked for advice from specialists wanted to reflect upon the children City Plan, and gathered opinions fro We exchanged views about recovery with the Mayor and the Chamber of 

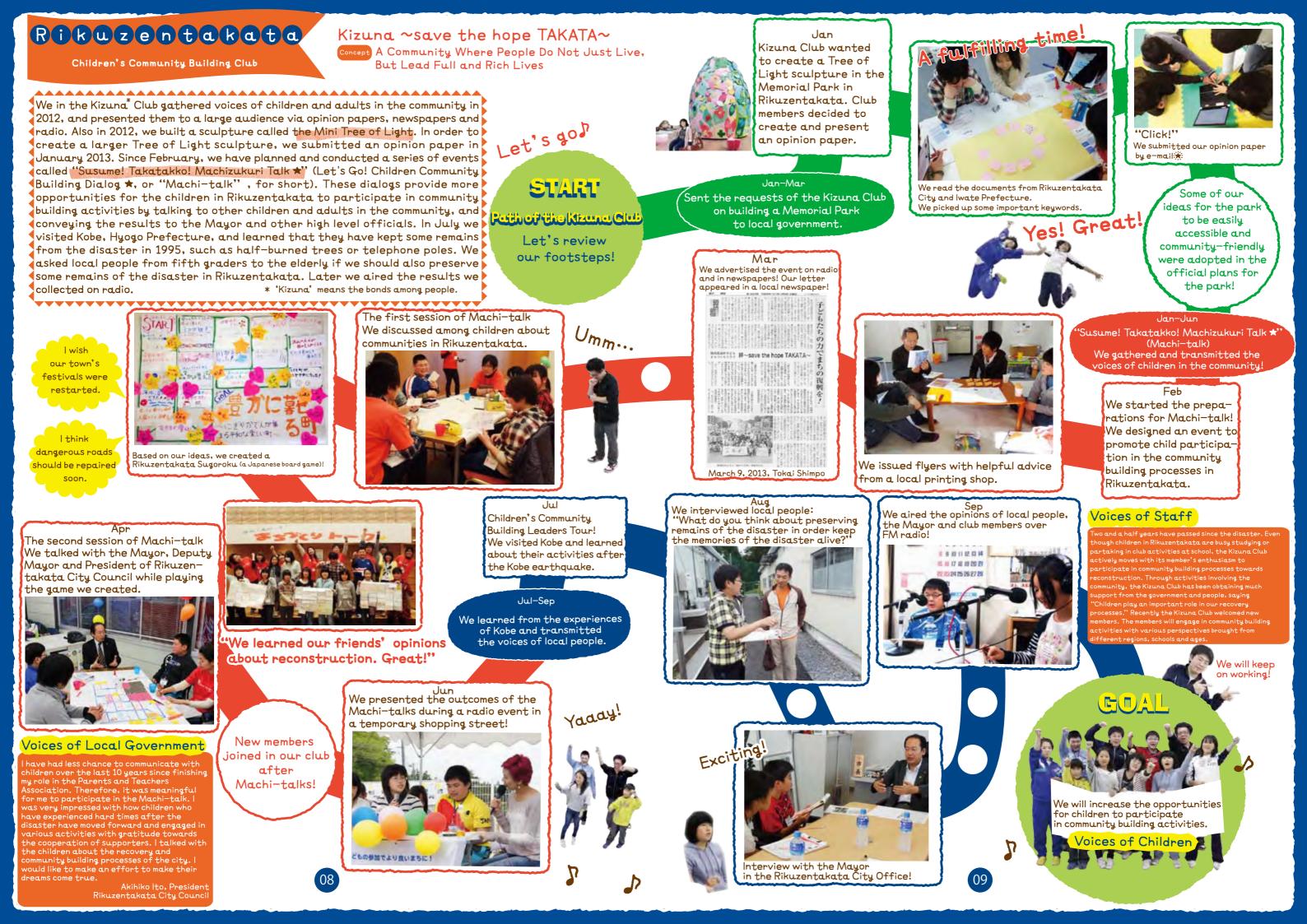






Children's Community Building Club





## **()** shinomaki

Children's Community Building Club

THE Rolling Stones ~Now That's What We Call ROCK!~

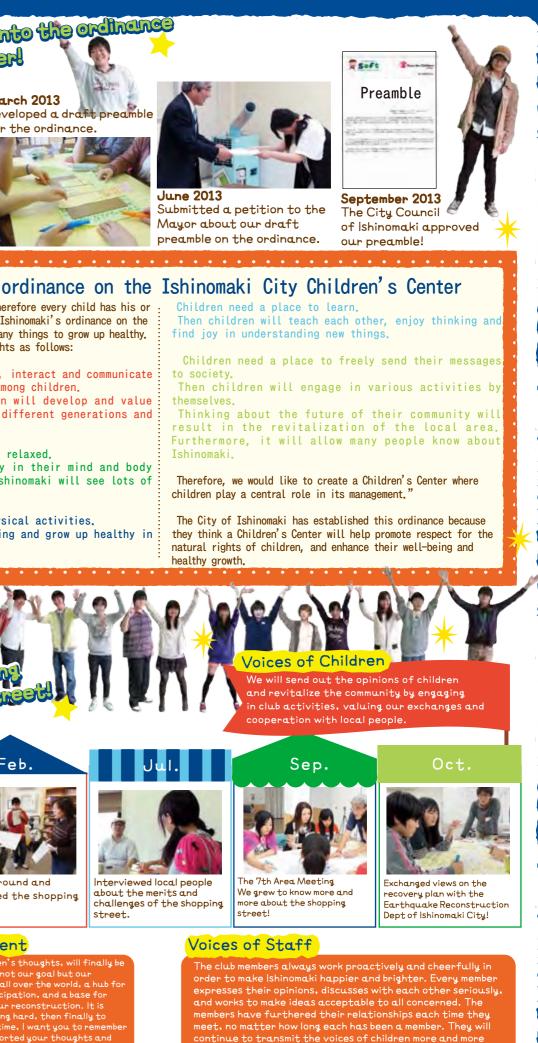
A Community Where the New and the Old Rock 'n' Roll Together and Life Is Pleasant for Children and Adults

We started planning and designing the Ishinomaki City Children's Center in the autumn of 2011. In 2012, we compiled the basic ideas about the Children's Center and completed its plan. In 2013, we discussed the city ordinance regarding the center and worked towards the revitalization of the local shopping street where the center will be located. The center has been developed as "a place where high school students play a key role in planning and managing the revitalization of Ishinomaki. A place where everybody feels comfortable and where children can transmit their thoughts to people in society." We made this concept based on our wish that we children would also like to participate in the reconstruction and transmit our thoughts and voices to others. In the process of developing the center we have exchanged opinions with local people, have received numerous ideas and understood that many people supported our activities. Building a Children's Center itself is not our only goal. We aim to keep contributing to the reconstruction of Ishinomaki through promoting the local economy and by increasing the visitors to the Children's Center. That is the mission of our club.



# November 2012





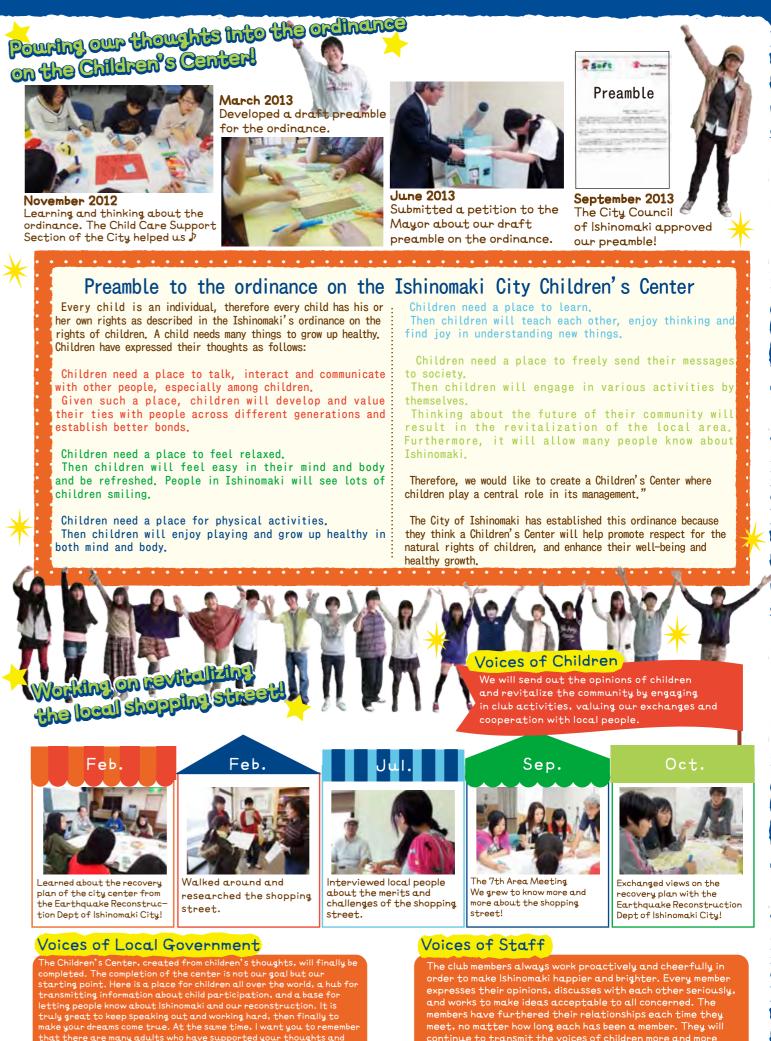
using the Ishinomaki City Children's Center as their base.

Let's keep our eyes on their activities!

her own rights as described in the Ishinomaki's ordinance on the rights of children. A child needs many things to grow up healthy. Children have expressed their thoughts as follows:

Children need a place to talk, interact and communicate Given such a place, children will develop and value their ties with people across different generations and

Children need a place for physical activities. both mind and body.





11

e many adults who have supported your thoughts and th you in your activities. Please re act even after you grow up, and listen to the voices of children so y

Kazuya Monma, Chief Investigator, Child-Care Support Section Welfare Division, Ishinomaki Cit

#### Children's Community Building Leaders Tour

#### Children's Community Building Leaders Tour in Kobe, Hyogo Prefecture



#### July 27-30, 2013 Participants: 37 children

The members of Children's Community Building Clubs in Yamada, Rikuzentakata and Ishinomaki visited Kobe, Hyogo Prefecture, to learn about its recovery processes from the Great Hanshin-Awa ji Earthquake of 1995. Members from three regions furthered their exchanges and found new ideas for their future activities towards the reconstruction of their own communities.

#### •Day 1: Orientation



Children from three regions gather again for the first time in three months!



Listening to stories about the Great Hanshin-Awaji Earthquake from a storyteller •Day 2: Fieldwork ~ Research in Kobe Part 1



A fun time after dinner🎝



Learning about various events for revitalizing a local shopping street began as an emergency FM radio in 1995



one by the whole community

used to revitalize the community

the findings of our research in Kobe Day



#### Voices of Children

• When we try to reconstruct something, we have to carefully consider if it is really necessary for the future. (13 years old, male, Ishinomaki)

◎ I was so happy because people in Kobe said that child participation was important and that it is necessary to think about society in 10 or 20 years time. Also, I was glad to see reconstruction was affected by the opinions of children. (15 years old, female, Rikuzentakata)







Shin Nagata Machizukuri KK / Kobe Nagata TMO Takatori Community Center





Interviewing people in a shopping street on local revitalizing activities



Well done to all of us





Tohoku Children's Community Building Summits

#### The 3rd Tohoku Children's Community Building Summit: A town that makes progress with us in Hanamaki, Iwate Prefecture

#### December 2, 2012

68 participants (10 to 18 year old children from 9 prefectures) Forty-three members of the Children's Community Building Clubs and 25 children who have been active in their communities attended the Summit. They discussed "what they felt was positive" and "what they felt difficult," and expressed their opinions in various unique ways. The children compiled their thoughts about the meaning and challenges of child participation - when children speak out and participate in society. This Summit was a great opportunity for children to build networks between children in different regions.



#### Voices of Children

- The voices of children may be heard if we continue to transmit our thoughts to adults and society (14 years old, female, Saitama Prefecture)
- I acquired a variety of opinions from people in different generations. (16 years old, male, Aichi Prefecture)
- ◎ I want to bond more with our friends. (15 years old, female, Iwate Prefecture)

#### The 4th Tohoku Children's Community Building Summit: A dream town that we will inherit in Sendai, Miyagi Prefecture

#### May 5, 2013 Children's Day (Japan)

224 participants (92 children and 132 adults from 14 prefectures) The children presented their thoughts and opinions based on their activities in the Children's Community Building Clubs. Also participating in the Summit were policy makers including Diet members, local congress people, officials from local government, children and adults from the communities, and the members' caregivers. All the participants talked together, among children or between children and adults, in order to create better communities.



#### Voices of Children and Adults

KIDS DESIGN

**AWARD 2013** 

- ◎ | listened to the real voices of children in my generation who had experienced the disaster. I'm happy to have talked with them directly. I will tell these experiences of the Summit to many people. (14 years old, male, Aichi Prefecture)
- The status of children will be established when the activities of the three regions are widely recognized and people start similar activities all over Japan.

(Participant from the office of a Diet member, male, Miyagi Prefecture)

## The Tohoku Children's Community Building Summits Won Kids Design Award 2013!

The Summits are acclaimed for the following qualities: • The Summits offer an opportunity for children to take action towards the reconstruction of their communities, and their ideas and proposals are realized.

• The Summits provide an environment to help children and adults exchange their opinions as equals in a relaxed atmosphere.

• Children lead the planning and management of the Summits.













## Hear Our Voice 8 ~ Survey on Child Participation~

The SOFT programme has offered various opportunities in its Hear Our Voice projects for children to proactively take part in their communities. The children, including the members of the Children's Community Building Clubs, work together in their activities.

The SOFT programme conducted a survey regarding child participation with about 100 children (4th graders in elementary school to high school students) in 17 organizations over 11 prefectures of Japan from October 2012 to March 2013. The children discussed "what they feel is positive," "if and how they have changed," "what they feel is negative," and "what they want from adults."

Organizations Cooperating in the Hear Our Voice 8 Project

#### (City, Prefecture / Organization)

- Oshu, Iwate / Mizusawa Junior Leaders Club "JUMP"
- Otsuchi, Iwate / Otsuchi Kodomo Gikai
- Kesennuma, Miyagi / Sokoage
- Sendai, Miyagi / Sendai Junior Leader "Zunda"
- Minamisanriku, Miyagi / Minamisanriku-cho Volunteer Circle BURANKO, World Vision Japan
- Fukushima, Fukushima / Free School Beans Fukushima
- Chiba, Sakura / Sakura Kodomo Station NPO Kodomonomachi
- Wako, Saitama / Wako Kodomo Cafe
- Itabashi, Tokyo / Free School @ Narimasu
- Kawasaki, Kanagawa / Kawasaki-shi Kodomo Kaigi
- Chino, Nagano / Chino-shi Kodomo Kaigi
- Nagoya, Aichi / Kodomo NPO
- Nagoya, Aichi / Convention on the Rights of the Child Forum 2012 in Aichi
- Osaka and Kinki area / WITH
- Osaka, Osaka / Child Information and Research Center
- Matsubara, Osaka / Osaka Prefectural Matsubara High School
- Kobe, Hyogo / World Kids Community

#### Voices of Children

- ◎ I found many things that I've never thought about before through discussion with other people. We listened to other people's opinions and talked to each other. (13 years old, female, Saitama Prefecture)
- ◎ | understood myself more. (14 years old, male, Aichi Prefecture)
- ◎ | want to talk with more people. | want to talk with adults. | want them to know our thoughts and opinions. (17 years old, female, Miyagi Prefecture)
- ◎ | found something useful in today's discussion.
- (16 years old, female, Iwate Prefecture)

#### Voices of Adults

- I was surprised that children were able to communicate their feelings so well (Female, Kanagawa Prefecture)
- Children seemed to have a good time looking back on their recent activities. (Female, Chiba Prefecture)
- | was touched again and again by the voices of the children. | also felt happy to meet with the friendly and affable staff (of Save the Children Japan). (Female, Osaka Prefecture)

The report of this survey will be issued on the website of Save the Children Japan in January 2014. Please check it out

http://www.savechildren.or.jp/jpnem/jpn/pdf/SOFT\_HOV8\_2014.pdf (Japanese)



## Hear Our Voice ~ Disaster Risk Reduction (DRR)~

Children have taken action towards improving disaster risk reduction in the world. Children transmitted their thoughts and opinions based on their own experiences to the world!

Feb. 17, 2013 Meeting between Children from Fukushima and UN Special Representative of the Secretary-General for Disaster Risk Reduction

In cooperation with the United Nations International Strategy for Disaster Reduction (UNISDR), children and youth from Fukushima Prefecture had a discussion with Ms. Margareta Wahlström, United Nations Special Representative of the Secretary–General for Disaster Risk Reduction.



Voice of Ms. Wahlström Two years have passed since the disaster. I would like to listen to the voices of children like you and understand the impacts of the disaster in the long run.

#### Voices of Children and Youth

- I'm afraid to eat school lunch and swim in the pool at school. I feel sad that my younger brothers grow up without experiencing the joy of playing outside. (15 years old, female)
- We suffer from a shortage of doctors and nurses because of their evacuation. We have especially few pediatricians, changed. (16 years old, female)
- The Japanese Constitution says, "All of the people are equal under the law." It is unfair that some children can participate in retreat programmes and others cannot. The health of more and more children should be protected because all lives are equal. (16 years old, female)
- children at class, grade or school level in the whole of Fukushima. (15 years old, male)

Mar. 31 - Apr. 1, 2013 SCJ Workshop for the Fourth Session of the Global Platform for Disaster Risk Reduction

Thirty-two children from Iwate, Miyagi and Fukushima prefectures thought about and developed a proposal about DRR in the world at a workshop in Sendai.

"Proposal: Voices of Children from Tohoku ~ Sharing Our Experiences to Improve Disaster Risk Reduction in the World" ★Contents

- Please listen to us and make good use of our opinions for the future.
- Please remember and act upon the five requests from children.
- Let's reconsider DRR efforts together and realize them!
- Please share and pass on our experiences to posterity.



Voices of Children

- ⊙ | felt renewed talking with children outside of my region. (14 years old, male, Miyagi Prefecture)
- ◎ I want adults to know that we are thinking about the disaster as much as adults are. (16 years old, male, lwate Prefecture)





obstetricians and gynecologists here, so children in our region cannot live without anxiety. I want this situation to be

• I want all children to be able to participate in retreat programmes. Retreat programmes should be provided to all

Soft the same has been interested between all was in

• I really felt we accomplished something when we finalized the proposal. (15 years old, female, Fukushima Prefecture)

## Hear Our Voice ~ Disaster Risk Reduction ~

## May 19 - 23, 2013 The Fourth Session of the Global Platform for DRR

Four child delegates were selected from the SCJ workshop attendees by a method developed by the children themselves. The four delegates visited Switzerland and attended a two-day pre-workshop with 14 children and youth from seven countries. They conveyed the thoughts and opinions of children from Tohoku with their friends from various countries at an event titled "Children and DRR: The Resilient Future We Want." They also communicated with adults from governments, international organizations and NGO affiliates while handing out their proposal.

#### Voices of Child Delegates

We have very strong thoughts and opinions on our proposal that was created for Japanese children, for our communities and for the future of the world. I will convey these opinions to as many people as possible during this wonderful opportunity.



#### Voices of Children

Until I took part in these activities, I didn't even want to communicate my thoughts to others. As far as possible | hid that | was from Fukushima. | was afraid of my opinions being rejected and I avoided directly facing the reality of the situation. However, I have realized the importance of stating my own opinions and also the great joy one can get from doing so. When I gave my speech at the Global Platform, the audience listened to me so intently. Being able to share this moment with them made me so happy, I thought | would cry. After my speech there were many people who wanted to shake my hand or take commemorative photographs. I could see that the people of the world are supporting me. This experience will support me forever and become a driving force in my life.



(16 years old, female)

#### Voices of Adults



I'm immensely proud that I was associated with such a wonderful group during the Global Platform. Without doubt, you won many friends and enthralled delegates. More than that though, you made key points to governments and shared really valuable insights. Having governments call for children's involvement in disaster risk reduction in the final session of the conference was a great result. Please keep up your good work in your communities, with your friends, parents and classmates, to make sure you and they can all live safer lives. I really hope you continue to work on disaster risk reduction and that I have the chance to work with you again in the future, perhaps in Japan at the World Conference on Disaster Risk Reduction in 2015. Tom Mitchell, Head of Programme, Climate Change, Environment and Forests Overseas Development Institute

## Hear Our Voice ~ Disaster Risk Reduction~

workshop excitedly gathered to listen to the reports from their delegates♪



#### Voices of Adults

- O Children play a great role in presenting opinions from the disaster areas in Tohoku, Japan, to the international society. I'm glad that the Fourth Global Platform for Disaster Risk Reduction and the Asian Ministerial Conference on Disaster Risk Reduction provided children the opportunities to express their opinions on DRR." (Representative of UNISDR)
- © I see that the children are thinking very seriously. I would like to consider building a system where we can discuss with such children together." (Deputy Director for the local preparation of the third World Conference on Disaster Risk Reduction, General Affairs and Planning Bureau, City of Sendai)
- ⊙ | found their attitude to strive towards reconstruction was great. As an adult, instead of letting the children work on

# Oct. 29, 2013 Meeting between Children from Rikuzentakata and UN Special

With the cooperation of UNISDR, children from Rikuzentakata City, Iwate Prefecture had a discussion with Ms. Margareta Wahlström, United Nations Special Representative of the Secretary-General for Disaster Risk Reduction.



#### Voices of Children

- (When the earthquakes struck,) I was in school and felt very anxious. I know it was difficult even for teachers to explain
- O In places distant from the areas greatly affected by the disaster, people receive less information now. I want to ensure that the disaster does not fade from people's memory through creating places, like with this occasion today, where we can disseminate information about the disaster. (17 years old, female)
- When it comes to creating new evacuation plans based on these statistics, I think it is very important to take into account
- O There are many elderly people and people with disabilities who will be unable to protect themselves even with increased education about disaster risk reduction. I think it is necessary to discuss this topic with other people at a regional and disaster. (16 years old, female)
- © The name itself, "disaster risk reduction" uses very formal language. Many people might think it difficult. Therefore, I think a good idea is to learn about this topic through fun activities. (17 years old, male)

In 2015, the UN World Conference on Disaster Risk Reduction will be organized by UNISDR in Sendai, Miyagi Prefecture. At this conference, an international action plan to protect lives from disasters will be formulated as a successor framework building on the Hyogo Framework for Action. Children from Tohoku will continue to speak out their opinions based on their experiences and participate in DRR efforts!

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Voice of a girl who participated in the SCJ workshop I'm so happy to hear that the delegates conveyed their message so

(16 years old, female, Fukushima Prefecture)

reconstruction efforts by themselves, I want to move forward together with them through education." (High school teacher)

Representative of the Secretary-General for Disaster Risk Reduction



Voices of Children I'm glad to meet with Ms. Wahlström again! | want to keep enhancing these relationships. (16 years old, female)

what was going on, but | wanted to hear at least a few words from them, such as, "It's all right." (16 years old, female)

not only the sound knowledge of experts, but also the past experiences of people in disaster prone areas. (18 years old, male) community level. Then we can formulate plans to help those in the community who may be unable to help themselves during a





# 

I have more amusing experiences than before I joined the Children's Community Building Club. I rarely spoke in front of people before, but I have changed. I played the role of MC. I think it's difficult to make our voices heard to the people in the community or adults in general. I want to be trusted by adults. The club members work hard to think about the recovery of the community by ourselves, therefore I want adults to trust us as much as possible. If not, why have we kept working? I want to create a better community.

(11 years old, female, membership: 18 months)

Before I joined in the KYT, I had not given voice to my own ideas and just followed the majority opinions of other people. I was terribly afraid of expressing my own thoughts. However, after I participated in the KYT and experienced the club's activities, I have changed. Now I'm able to express many opinions without fear. I'm also able to find good points in other's opinions (This idea was new for me! From a different angle, this idea includes such a wonderful point!) Besides, we all have good relationships and enjoy our activities.

(14 years old, female, membership: 16 months)

lwate Prefecture hasn't recovered yet even two and a half years after the disaster. People are working hard on the reconstruction, but sadly the national government does not turn their eyes to the recovery processes while they go abroad to sell nuclear power plants or work hard winning the Olympics in 2020. I want the government to work hard for the affected areas. I have been participating in the Children's Community Building Club. Before joining the club, I had thought my ideas would never come true. However, our ideas have been realized. A character we created for the revitalization of our community became an official character of Yamada Town, and then took part in a famous competition of characters. Our dream was not just a dream. Now I have my own dream and believe in it. (13 years old, male, membership: 27 months)

The following comments were written and edited by child volunteers who have

participated in the Children's Community Building Clubs for over a year.

#### •••••••

This year was very important for me because I went abroad and talked with children from various countries. This year was also important for the KYT. We welcomed many new members this year. Some of them play core membership roles in our club now. I grew up a lot in this year. I also found bad aspects of myself. I want to contribute to the KYT and its next steps because this is my last year as a member. I will successfully finalize our activities in this year.

(16 years old, male, membership: 27 months)

# Rikuzentakata

I have participated in these activities and met various people over these two years. Although not everything went well, I gained much knowledge and experienced many things. I want to talk about these things. People gradually forget about the disaster. And they do not have a high awareness of disaster risk reduction efforts, not only to prepare against earthquakes but also other natural hazards. More lives will be saved if everybody well considers disaster risk reduction. I'm just a 1st grader at high school, but I will do my best, and meet and talk with many people to make change possible!

(16 years old, female, membership: 27 months)

#### •••••••••••

I'm glad and happy to have worked with people in the community, in my hometown where I will live from now on. I was able to talk with many people as our network grew. I'm full of gratitude towards the people who have supported our club. Each of us has numerous thoughts and opinions regarding the current and future community. I want more opportunities offered to children to speak out on the endless community building processes. I will communicate the voices and thoughts of children to you all. Please listen to our voices. Let's create our future together!

(17 years old, female, membership: 29 months)

## 

I enjoy speaking out about my opinions and listening to the opinions of other people such as club members, adults in the community, and children and adults living in different areas. Although some of the club members hesitate to voice their opinions, I want them to have more confidence. I decided that I would tell the members that we don't need to feel ashamed in voicing our opinions. Also, I will take actions to move things forward smoothly. I'm not sure how much I have acted upon my decision, but I want to keep trying and doing my best.

## (17 years old, female, membership: 27 months)

I found joy in speaking out through the club activities. I was afraid to express my own opinions previously, but I have changed. I think I have changed because no one denies each other's opinions here. The club has a rule to value "participation," "confidentiality," and "respect," so nobody's voice is denied and everyone's opinion is valued. Therefore, I can speak my opinions with joy and without fear. I would like adults to listen to the opinions of children more. If adults did so, adults and children would have a chance to exchange different opinions more. We may be able create better things with such varied perspectives.

(14 years old, female, membership: 27 months)

The Children's Community Building Leaders Tour was very impressive to me. I enjoyed working on its field tour and recording at a radio station for the first time. The Children's Community Building Club brought me many opportunities to experience such things. It is a place where I can develop myself. I grew up a bit by talking with many people and learning lots of things. Now I can easily talk to people even the first time I meet them. I want to keep learning many things. We, the club members, will communicate the voices of children and work to realize their thoughts and opinions. We want to keep working by making use of the perspectives of children! (13 years old, male, membership: 27 months)

#### 

The Children's Community Building Club, for me, is the place where I can send out my opinions. I missed attending the club several times because I'm not so good at continuing one thing. However, now I participate in the club activities more often because I want to convey my opinions to other people. I have been changed by these activities. Rikuzentakata City is now moving forward towards reconstruction, but I think the voices of children are not reflected much in the recovery process. I want adults to implement children's opinions more.

(13 years old, female, membership: 16 months) I can speak in front of people now. Before joining the Children's Community Building Club, I wasn't good at expressing what I really wanted to say. I blushed and mumbled often. However, in the club, nobody rejects my opinions. Now I feel more relaxed when I speak my own thoughts.

(12 years old, female, membership: 15 months)

By joining in and continuing the club activities, I have changed in several aspects. Now I am speaking in front of people and communicating my own opinions clearly to others. I'm glad that I participated in these activities. Now I can frankly speak my opinions to others in discussions like area meetings. Also, I can conduct presentations well without being nervous. The Children's Community Building Club has become a precious place for me.

(14 years old, male, membership: 27 months) When I first became a member of the club, I didn't come up with ideas by myself. So I listened to the opinions of other members. However, the more I attended the club activities, the more I found I could express my own opinions because nobody denies each other's opinions in the club. I was also getting to know about the efforts and good points of other members. Now I feel it is fun to have discussions. So, I would like to ask adults to give us opportunities to talk with them. Please give us a chance. Please try to listen to the opinions of children and not deny us our voice.

(15 years old, female, membership: 24 months) The Children's Community Building Club is like a school for me. However, it's not like a normal school. There are no barriers between girls and boys or juniors and seniors, and I can say what I want to say. Maybe it's because of the club rules to value "participation," "confidentiality," and "respect." I grew to love talking with others and speaking in front of people. In the future, I will be a college student and have to leave this club. But I will keep working for the club activities in a different way and provide support to make the club an equally enjoyable place for new members. (16 years old, male, membership: 27 months)

# Voices of Children ~ Looking Back on Our Activities~

Round Table Talk among the Members of the Children's Community Building Clubs Volunteer members from the three clubs had a round-table talk on October 6, 2013. Let's take a glance at their meeting

## K: There are several different tupes of children.

- H: I want adults to throw away their stereotypes about children such as: children have no knowledge, children are hurt by the disaster, children always fool around, and so forth. Maybe there are such children, but not all children are like this.
- JN: First my big bro applied for the Children's Community Building Leader's Tour. Along the way, my parents decided to let me also join the tour. Before the tour I had largely stayed in my house. My family had said that I should go out, but I

didn't. After participating in the tour, however,

#### I started to leave the house more often.

F: You are getting used to going out? H: It was really terrible before. I couldn't go out at all. I was very afraid about what to do if an earthquake hit, a tsunami struck, or something else happened to my family while I'm not at home. I was staying at home and addicted to the Internet. I never went out, even when my family asked, "Will you join us to go out?" I always said, "Never." However, one day my mum forced me into participating in the area meeting of the Children's Community Building Club in Yamada because she had promised to bring me. It was the beginning.

## l quit staying at home.

M: It's always, "Adults, rather than children." Everything in school is decided by the opinions of adults. But in the Children's Community Building Clubs, children decide things. So l'm glad to participate in the club and enjoy its activities.

F: Will you tell me more? M: In school, adults decide and children act along

#### with the adults' decisions. In the club, children decide everything and adults help children.

- H: I started to participate in the Children's Community Building Club activities from attending an area meeting. Children had a group discussion with adults. I found that adults also have a variety of thoughts and opinions. At the next meeting of the club, we had a discussion with no adults. "When we discuss only between children, such opinions came out," I thought.
- F: Were the opinions different from when children have a discussion with adults?
- H: Yes. I thought, "These opinions are based exactly upon our own thoughts unlike when our opinions are being influenced by adults."
- K: Most children want to express their opinions, but each alone has little power. Maybe that is why we gather?
- F: Is it difficult to speak out your
- thoughts and opinions by yourself? Y: Not difficult. But it becomes easier to speak out by
- cooperating with friends. I can speak out just by myself, but it's less powerful. You may be mistaken for a murmur.
- YM: On the day of our school athletic festival, an old man, maybe somebody's grandpa came to see it. He said "No pain, no gain." I really understood his words.
- F: What was the meaning?
- YS: Learning from our faults? JK: Learning from our own

experiences.

F: Do you think adults in general don't value children as individuals?

- K: Well, they value us.
- H: But they do not let us contribute to society.
- K: What would happen if we held a demonstration saying, "We want to contribute to society"?
- F: What do you want to write in the Constitution for Children (suggested by K earlier in the meeting)?
- K: At first, maybe, "Children have the right to contribute to society.

# From Yamada Town: H (14 years old, female), K (16 years old, male), YM (13 years old, male) /

From Rikuzentakata City: YS (12 years old, female) / From Ishinomaki City: JK (16 years old, male), JN (14 years old, male), M (14 years old, female), Y (17 years old, female) / F (facilitator)

## Voices of Adults ~ Looking Back on the Children's Activities~

# Mamada

Sometimes I'm invited to the activities of the Children's • I have seen the activities of the Children's Community Community Building Club in Yamada. 1 attend these events as much as I can because every time I feel the growth of the children and I see in them unlimited possibilities that encourage us all. At first, the children looked shy doing presentations, however



recently they have been conducting them very well. Their ideas on reconstruction became more realistic as time went on. I would like to value the dreams of children, especially in times like these. The future of Yamada is up to you.

Shinitsu Sato, Mayor Yamada Town

A big hug with Matsushii! This photo symbolizes the relationship between the Children's Community Building Club in Yamada (KYT) and me. In the club, the children are proactive. I think they are empowered by keeping the rules and discipline they have proactively developed by themselves regardless of their age or gender. It is also because of the staff from Save the Children Japan who gently supports the club's activities and embraces



the free ideas of children. I would like KYT members to work continuously to energize adults with Matsushii who has now become an official character of Yamada Town.

> Koei Abe, President Yamada Town Society of Commerce and Industry

# Rikuzentakata

I feel it very encouraging that children have earnestly thought 💿 "Community building? Does he do such things?" I don't about the reconstruction and community building processes of • our Rikuzentakata City as members of the community. I am also • encouraged that the children have presented ideas and results \* from their discussions to the City, and have widened their appeals to be heard not only within the City, but also out in Tohoku, Japan and the whole world. The City has started construction work to develop tsunami barriers in the Takatamasubara area, to build residences on higher land and construct public housing for those affected by the disaster.



We are at the start of a long path towards reconstruction. However, Rikuzentakata City will definitely recover. I would like you to participate in the recovery processes. Let us create a new Rikuzentakata City together. Futoshi Toba, Mayor Rikuzentakata City

The Children's Community Building Club in Rikuzentakata (Kizuna Club) went to Kobe and learned about the Great Hanshin-Awaji Earthquake and the recovery processes. Then the club members reported what they had learned to the Mayor and also taped a radio program to air aimed towards community members. When we consider community building processes, it will be very important that each member of Kizuna Club speak out his or her learned experience and thoughts in their own voice



and words via radio. Let's transmit opinions from children's perspectives and give adults some different points of views. I would like the members of Kizuna Club to ave a dialogue with the Mayor on radio.

Hiromi Abe, Radio Personality Rikuzentakata Disaster FM

Building Club in Yamada since | offered them a meeting space for their first area meeting in 2011. Recently, I have • strongly felt the growth of students who participate in • the club's activities, for example their attitude towards reconstruction and their rich knowledge. It might be difficult to decide on how to reflect the proposals from

students in some communities, however, they are worth addressing as challenges for the future. I hope these students keep participating and achieving in club activities with the staff of Save the Children Japan for the sake of the community and for their own growth. Shigeo Sekikawa, Principal

Yamada High School . . . . . . . . . . . . .



The first time I met with the children of the Children's Community Building Club in Yamada (KYT) they hid their faces, kept their eyes lowered and didn't display the attitude to communicate their thoughts and opinions. But now the children clearly express their will to convey their voices. It is one of my biggest pleasures to see the children gradually growing up and watching them improve

upon their proposals every meeting. Although we still stand at the start line on the long way towards reconstruction, I look forward to the new Yamada that will be created

including the ideas of KYT members. Kozue Sotodate

Caregiver



know why he participates in the activities of the Children's Community Building Club in Rikuzentakata. It's good, of course! I was surprised when I found out that my son was so enthusiastic. Although it may be not proper, I somehow envy my son. He engages in community building activities! The flexible and free ideas and perspectives of children might be more wonderful than

those of stubborn middle age men. look forward to see the communities where children's ideas are still reflected in various ways after 20 or 30 years. I want to say at that time, "It's thanks to the children of the



Children's Community Building Club." Tadayoshi Sato Caregiver

During this year, the Children's Community Building Club in Rikuzentakata has widened their field of activity to realize "a community where people do not just live, but lead full and rich lives." The club members transmitted and furthered their lessons learned from the Great Hanshin-Awaji Earthquake. They also steadily kept making efforts to listen to the various voices of their communities. They brushed up their proactive abilities in planning, framing and transmitting their ideas through their activities. The club members have

communicated the strong will of children towards reconstruction and their wishes and hopes on future community building with more and more people.

Kikumi Miura, Supervisor Rikuzentakata City Board of Education



## Voices of Adults ~ Looking Back on the Children's Activities~

## **Oshinomaki**

I feel very encouraged that children, who will shoulder the future, think about the reconstruction of Ishinomaki City and the community building processes as citizens along with adults in the communities. The Ishinomaki City Children's Center, which will be realized by the actions of children, will be a symbol of the reconstruction of our city. Ishinomaki City is the city to have an "Ordinance on the Rights of the Child."



Ishinomaki City promotes and values the rights of children. I would like you to continuously communicate the voices of children. Let us move forward together towards the recovery of Ishinomaki City.

Hiroshi Kameyama, Mayor Ishinomaki City

l was impressed with the children who gradually developed self-confidence in every meeting. A child who had looked quiet, the next time I saw them was confidently presenting in front of people and even drew laughter from the audience. Each child has grown up. And their growth became an upward spiral, involving people in the region and led the growth in the community itself. Children have a power to change communities.



They shared their aims and thoughts with the people, and they made the people recognize that community building is not someone else's issue, but an issue for each of them.

> Hiromi Araki, President baby smile Ishinomaki

Many adults perhaps didn't imagine that right after the disaster children would become such a powerful and proactive driver for considering community building. Let me introduce some words from children in their various activities: "We are the ones who should think about the community," "Don't call us the children in the affected areas forever," and "I wish we can develop a Children's Constitution." These words show us how the children have developed their views on the current social systems and future world by working for the reconstruction of the community. They learned openly and fruitfully. The Children's Community Building Clubs have achieved many things. However, it seems this is not because the clubs have first-class members. One big reason is the existence of the adults who support the children. They are the staff from Save the Children Japan. They have gradually changed their way of supporting children. In the early stage, the adults took plenty of time and stood by the children, however recently, the adults no longer need to wait. Children speak out proactively. The adults now do not just listen to the opinions of children unconditionally. The adults communicate their own thoughts as an individual when they think differently from the children. It is a dialogue between human beings. It is the power of the children that produces the achievements of the clubs and has changed the adults who have supported the children. The voices of the children were small at the beginning, however, they met with friends, had discussions, formed ideas in the context of community building processes, and even started transmitting their voices to the world. The inner resilience of the children was unveiled by encountering

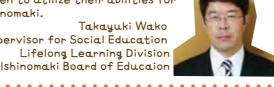


the Children's Community Building Clubs. They are empowering their communities. Every time | see the club members | think, "Children are amazing!"

Yoshie Abe Assistant Professor School of Culture, Media and 22 Society, Waseda University

As the Ishinomaki City Children's Center has gradually been constructed, the children have progressively developed their abilities. I was encouraged to see the children thinking seriously about the future of Ishinomaki and communicating with various people of differing ages, regions and personal values. Through their experiences, the children developed their abilities in furthering their thoughts in discussion, speaking out their thoughts with confidence, and moving forward proactively. I would like the children to utilize their abilities for

a new Ishinomaki. Takayuki Wako Supervisor for Social Education Lifelong Learning Division



The Ishinomaki City Children's Center, which the children have poured so much effort into, will soon be realized. The Children's Center was constructed based on the valuable experiences of the Children's Community Building Club in Ishinomaki and the voices of many supporters. I'm sure the Children's Center will be a wonderful place and will contribute towards the reconstruction of Ishinomaki. I thank all the people who taught my daughter important things for her life, such as the joy and difficulties of creating things, and the fact that people respect a person when he or she respects them first.

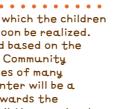
> Hisae Hasebe Caregiver

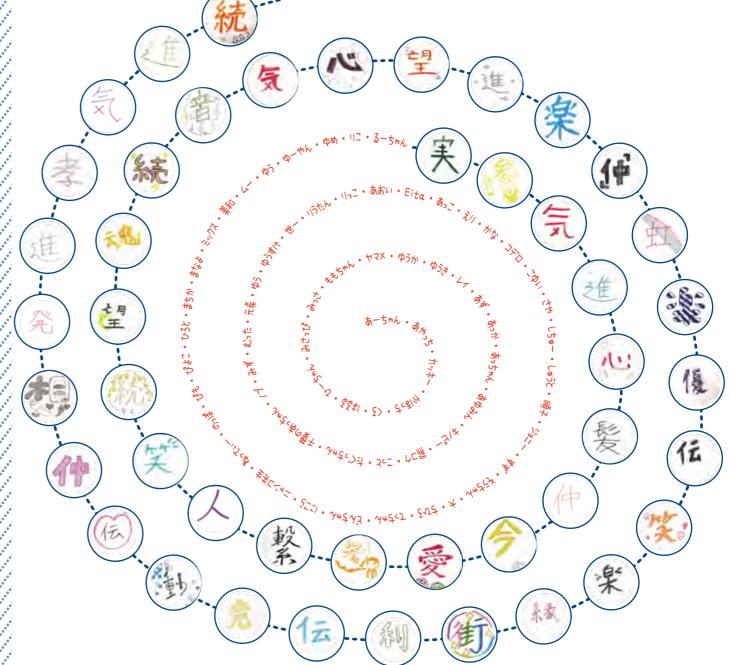
#### References 🖬 🖬

For more information please check the past reports and videos of the SOFT programme. We hope you will join us in supporting the children of Tohoku by introducing their activities with the following materials. Let's speak out from Tohoku together!

- •SOFT Interim Report 1: HOPE
- May November 2011
- The report introduces the "Dream Community Plans" by the Children's Community Building Clubs and the voices of childre

- collected by the "Hear Our Voice" project. http://www.savechildren.or.jp/jpnem/eng/pdf/spotlight/20
- 1206\_01\_hope.pdf
- •SOFT Interim Report 2: Action
- December 2011 November 2012
- The report introduces the efforts of the Children's Community Building Clubs to realize their "Dream Community
- Plans" and the opinion papers and proposals created by children in the "Hear Our Voice" project.
- http://www.savechildren.or.jp/jpnem/eng/pdf/spotlight/ac tion\_eng\_201304.pdf
- Speaking Out Channel
- This YouTube channel was opened on November 20, Universal Children's Day, in 2010. It was created to hold up-to-date
- information on the activities of the Speaking Out
- programmes and to transmit the voices of children. Please check out the videos of activities by the children of Tohoku!
- http://www.youtube.com/user/SpeakingOutCh HOPE Action





#### SOFT Interim Report 3

Directed & Produced by the members of the Children's Community Building Clubs in Yamada Town, Rikuzentakata City and Ishinomaki City, Save the Children Japan Illustration & Design by Nana Takahashi

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http://www.savechildren.or.jp/jpnem/eng/creating-child-friendly-communities http:www.youtube.com./user/SpeaingOutCh

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The members of the Children's Community Building Clubs picked one Kanji character that most appropriately represents their passion for future activities.

To be continued.